



# INTERCOM



**He is not here; for he has been raised, as he said.  
Come see, the place where he lay. (Mathew 28:6)**



# CONTENTS

|   |       |
|---|-------|
| President's message                         | 4     |
| General Secretary's message                 | 5     |
| Blue Triangle Family Hostel (BTFH)          | 6     |
| Fund Raising and Publicity (FRAP)           | 7-8   |
| Membership and Programmes (MAP)             | 9     |
| MatritavaChhaya (MC)                        | 10-11 |
| Public Affairs and Social Issues (PASI)     | 12-14 |
| Religious Education committee (REC)         | 15    |
| Rural Development Project (RDP)             | 16-17 |
| Raj KumariAmrit Kaur Programme (RKAK)       | 18-19 |
| Urban Development Project (UDP)             | 20-22 |
| Centenary Hostel for Working Women (CHWW)   | 23    |
| Priyadarshini Working Women's Hostel (PWWH) | 24-25 |
| Women's Training Institute (WTI)            | 26    |
| Youth Committee (YC)                        | 27    |
| Jasola Working Women's Hostel (JWWH)        | 28-29 |
| Rohini Working Women's Hostel (RWWH)        | 30-31 |
| Contact Numbers of YWCA Offices             | 32    |



## President's message

### Am I empowered .....

Many times one has introspected what does women's empowerment truly mean. Wikipedia defines it like this .....is the process in which women expand and recreate what it is that they can be, do, and accomplish in a circumstance that they previously were denied. Alternatively, it is the process for women to redefine gender roles that allows for them to acquire the ability to choose between known alternatives that have otherwise been restricted from such ability.

The key words that jump out are expand, recreate, can be, do, accomplish, redefine, acquire, ability... adjectives that qualify in response to am I empowered.....Are you? I believe that I am but is it enough?

Let's explore what the Bible has to say.....

*"God is within her, she will not fall."— Psalm 46:5*

*"She is clothed with strength and dignity, and she laughs without fear of the future."*

— Proverbs 31:25

Bible is full of so many references that clearly indicate that as women we have the right to be loved, respected and given our due. Some inspiring examples of empowered women come to our mind are to name some Mary, Eve, Sarah, Miriam, Esther, Ruth, Naomi, Deborah, and Mary Magdalene. While there are many women in the bible who are very strong, capable who did not sit around waiting for someone else to get the job done but what was the most underlined fact that they feared God and lived faithfully. They did what was needed to be done.

But apart from these very well-known women we also have references of women in the Bible who might not be as popular or familiar with but have had an influencing role for example the woman at the well which is probably seen as the first evangelist noted in the Bible as she went proclaiming the good news (John 4) or Abigail as an advocate, she pleaded the case of mercy on behalf of her wicked husband to David, who was on the run from King Saul (1 Sam. 25).

This is what we need to understand is what is so incredibly powerful is being empowered in the true spirit and having implicit faith in our Lord Jesus Christ which together makes us a force to reckon. We can then be the most over powering influence on our society, families, places of work, churches, organizations, institutions.....

Therefore, as women we need to recognize that we can change, shape or recreate but most important is all things are possible through our Lord Jesus Christ.

**Ms. Hazel Siromoni**  
**President-YWCA of Delhi**



## General Secretary's message

Thak kar Baithe hoon Haar kar nahin , sirf bazzi haath si nikli hain, zindagi nahin.

For many of us, this statement seeks our attention for sympathy, a statement that is replete with pain and agony. However, I am drawn to the emotion of anger reflected through it. It is a gnawing reminder of everyday challenges that we as women encounter. A reminder of how the spirit of a young girl or a woman is brutally suppressed by silly rules and regulations of society.

I am conflicted and I am sure you would be too, when we try to define what it means for us to be a woman? The word is compromise and it encompasses the all aspects of the existence of a woman. We consider it as a virtue and the society rewards it coming from a woman. "I kept quiet to keep the marriage intact." Often and a very common way that women try to justify their state as they subjugate themselves to the ignominy and abuses of their families before marriage and after their marriage from husband and their families. We question her "character" when she takes a stance of not being submissive any further. It all seems so natural, fitting into the right box for a woman not to put her needs before the needs of all the family members and we reward her with the label of a "Good Lady".

At the same time, we scorn at men who exhibit vulnerability. We are not used to men displaying their emotions. What is our reaction to when men choose to play the care giving role in our families? Often we react with awkward silences and labelling of individuals. Husbands who choose to be stay home fathers taking care of domestic affairs are labelled as "good for nothing" and those who listen to their wives are labelled as "hen pecked". In doing so we inadvertently diminish the idea that there could be a space for men to exhibit behaviour and roles that are not socially sanctioned and reinforce patriarchy.

Representation and having a choice, a choice that defines my identity matters. Let us celebrate the grit of every woman and girl who decides to shape their own identity. It is my earnest prayer to you, not to disregard this as a piece of thought of western feminism but to tend to the fire and anger to revisit gender roles and norms, creating an equitable society.

**Abha Ekka**  
**General-secretary**  
**YWCA of Delhi**

## BLUE TRIANGLE FAMILY HOSTEL (BTFH)



The YWCA Blue Triangle Family Hostel (BTFH), guest house located in the heart of Delhi, Connaught Place offers budgeted accommodation to travelers from all over the world. BTFH welcomes all the visitors with smile & make the guest feel at home “**A Home Away from Home**”. Few out of many planned work has completed in this quarter & are as follows:

- License (NDMC & DCP License for Lodging) renewal of BTFH Guest is in progress. Fire safety License renewed W.e.f 21/03/2018 for three years.
- To meet the fire safety norms, Manual Fire Alarm panel installed.
- To increase the revenue & occupancy MOUs has been signed with few travel agencies.
- Guest Room's basic amenities upgraded in all guest rooms.
- Wifi made complimentary service.
- Dining Hall Dishwashing area & external façade repair work completed.
- Lobby & Guest rooms have an internal upgradation.
- RO system has been installed with a separate water tank for drinking water.

We are also working out for the repair & maintenance of the building.

Group Bookings under this period are: **INREM FOUNDATION, SHOPPER STOP, MORARJI DESAI, THE YOGA INSTITUTE, INDIAN DOCTORS FOR PEACE & DEVELOPMENT.**

BTFH team is planning & working to maintain the basic need of the industry under the policy of “**YWCA OF DELHI**”.

Ms. Jeyaashri Samuel  
(Chairperson-BTFH)

Mr. Satish Kumar  
(BTFH-Incharge)

## FUND RAISING AND PUBLICITY (FRAP)

### Gardeners Training:

YWCA of Delhi has successfully organized the Gardeners Training on dated 12<sup>th</sup> and 13<sup>th</sup> February, 2018. Over 20 Female Gardeners from various government organizations were present for the training. The training was sponsored by the National Horticulture Board, (Govt of India), in association with YWCA.



The event was facilitated by the resource persons from horticulture departments of various government organizations. The training was directed and conducted for two days. By DR. S.S Sindhu principal scientist from the IARI.



First session was taken by Mr. Neeraj Sharma, Assistance Director Horticulture Division NDMC on growing seasonal flowers, hedges & climbers and propagation and nursery management of Ornamental Plants by showing different slide of flowers, potting and gardening techniques etc. we all found it very interesting and useful.

In the later half Mr Lokesh Kaushik, Deputy Director CPWD gave a lesson on preparation of flower pots for exhibition, of Chrysanthemum, Dalia, Bougainvillea and other winter flowers. He also enlightened the gardeners with the usage and maintenance of gardening tools.



On 2<sup>nd</sup> day (first half) all the female gardeners were taken for the field visit to ICAR Pusa Campus Floriculture Research Farm for a session on landscape designing and bio aesthetic planning session was taken by Mr. Kamlesh Kaushik, who also provided information to the gardeners about year around calendar of seasonal flowers and nursery raising techniques.



He provided information about various, flowers, plants and their conservation techniques while taking us through all the farms. Overall it was an interesting training session, much appreciated and enjoyed by the gardeners. The question answer session helped them to clarify a lot of doubts about gardening techniques and conservation of flowers and usage of tools etc. At the end each gardener was presented with a certificate for successfully completing the training.



The field visit was extremely interesting as the female gardeners got a firsthand experience and knowledge about the maintenance of such huge gardens and myriad variety of flowers. We are extremely thankful to the National Horticulture board for supporting YWCA of Delhi.

**Ms. Sushma Ramswami**  
FRAP Chairperson

**Ms Arunita Rishi**  
FRAP Coordinator



## MEMBERSHIP & PROGRAMMES (MAP)

### Orientation Programme (10 March, 2018):

The Orientation Programme was held on 10<sup>th</sup> March, 2018, at Dwarka, at 10.00 a.m. A bus was arranged to take all the members to Dwarka. The Programme started with refreshment and Registration. Rev. Dheera Bhola prayed for the organization. There was hymn singing "There shall be showers of blessing" by all. Dr. Annie Mathew, Co-Chairperson of MAP felicitated Ms. Rekha Kapila who gave welcome message. She also gave information on history of YWCA. Our Speaker of the day, Ms. Anuvinda Varkey had an ice breaker followed with an interactive session with Y Members. Ms. Mavis Russell, Board Member felicitated Ms. Anuvinda Varkey. In the session she highlighted the work of YWCA and its Departments. The MAP Committee recommended that one member should not be working with two committees. They should opt for one committee only. It will give a chance to more members to work for different committees. Vote of thanks was given by Ms. Abha Ekka, General Secretary. Programme ended with prayer by Rev. Dheera Bhola and hymn singing "O Lord My God" by all. 23 Members attended the Programme. Gifts of bags were given to all the members. Lunch was served to all.



**Ms.Feba Alina Thomas**  
**(Chairperson- MAP)**

**Ms. Renuka**  
**(HOD-MAP)**

# Maatritav Chhaya (MC)

## Shelter Homes for Destitute, Pregnant Women & Lactating Mothers Jahangirpuri & Sarai Rohilla

### INTRODUCTION

YWCA of Delhi is running TWO Shelter Homes for Destitute Pregnant and Lactating Women at Jahangirpuri & Sarai Rohilla Delhi respectively, in collaboration with the Department of Women & Child Development, Government of National Capital Territory of Delhi (Women Empowerment Cell). These Shelter Homes provide admission to all destitute, pregnant or lactating women, who step in and claim that they are not having any shelter in the NCT of Delhi, or who are brought by Police, NGO or by any public spirited person, irrespective of her cast, class, religion or ethnicity. The most common problems reported are domestic violence, sexual abuse, psycho social problem, human trafficking, cheating etc. These shelter homes provide food & nutrition, medical, vocational training and counseling. Regular and persistent continuous counseling and proper care with regard to physical, mental and psychological needs has helped these residents of the Shelter Homes to regain their self-esteem and self-confidence.

### HIGHLIGHTS OF MAJOR ACTIVITIES/CELEBERATIONS

- The Festival of Holi, also known as the “Festival of Colors” was celebrated by the residents and staff of both the shelter homes. The residents also shared their experiences and also highlighted that these celebrations signify the victory of good over evil, the arrival of spring, end of winter, and for many a festive day to meet others, play and laugh, forget and forgive, and repair broken relationships.



### Holi

- International Women's Day was celebrated on 08.03.2018 in both the shelter homes. The purpose of celebrating women's day was explained through talks and motivates them to teach their children to become a good human being & respect women. The Residents participated in drawing competition of anything that relates to women.



### **Celebration of International Women's day**

- Lohri festival celebrated with bonfire & distributing peanuts and popcorn amongst the residents.



### **Lohri Festival**

- One resident got house mother job at Shine Foundation Shelter Home getting Rs. 8000 salary per month with free food & accommodation for her and her two years old boy child.

**Ms. Apphia Daniel**  
**Chairperson**

**Ms. Linda Gangmei**  
**Head of Department**

# Public Affairs and Social Issues (PASI)

## Networking with National Alliance for the Women's Reservation Bill (WRB)

PASI coordinated the rally organized under the banner of National Alliance for the WRB with Rural and Urban Development Project and the Women's Training Institute on Wednesday, 13 December 2017.

Women from all sections of society requested the government to table the women's representation bill in the Lok Sabha this session. In solidarity for the cause women came in large numbers wearing orange clothes [orange signifies your stand against violence towards women - colour as chosen by UN women]. TV channels: TIMES NOW, News 100 telecasted the event.

## All religions peace promotion meeting on 9 December 2018

PASI attended all religions peace promotion meeting at Christian Institute for study of Religion and Society (CISRS)

Sister Anastasia, Chairperson of the Christians in the Delhi Minority Commission apprised every one of the Christian community living in a pathetic state post Khandmal. She requested responsible citizens to adopt one of the survivors for the betterment of the victims which was a challenge to the audience to build a new beginning. Shri Gurvinder Singh from Gurudwara Prabhandak Committee referring back to 1984 riots and the present violence against the minorities, dalits and tribals and under privileged. He called on all minorities to join together to devise methods to create peace and harmony in the society keeping in view the atmosphere of fear created for the minorities. Reverend PR John Principal of Vidya Jyoti referred to the word of God who became flesh and dwelt amongst humans as the only hope of salvation for mankind. he told the gathering that we must pray to Lord Jesus for the land of India, that people may live in love peace and enjoy justice. Dr. Syed Zafar Mahmud President of the Zakat Foundation. Referring back to the speech of the principal of Vidyajyoti he said that we too are living in a time of hopelessness with violence and political turmoils of different types the same as the times when Christ was born in Bethlehem when Mary had to travel for census count during her advanced stage of pregnancy.

In the concluding remarks Director of CISRS Dr.Rev. Rajkumar said the times of the birth of Jesus is no different from the present. where thousand are suffering children women and the weaker sections of the society. What does Christmas mean to them. The birth of Jesus gives a message of hope in hopeless times.

## Press Conference on Triple Talaq

PASI HoD and the General Secretary On December 2017 at 3pm attended a Press Conference called by Bebaak Collective and other women's groups demanding **broader consultation on the proposed bill regarding instant triple talaq to be introduced in the winter session of the Parliament with reference to Ms. Shayara Bano** challenging the constitutionality of triple *talaq*, *nikah-halala* and polygamy. Bebaak is a women's group primarily functioning from Mumbai, fighting against fundamentalism and repressive forces from an intersectional feminist perspective the repercussions of this bill on the lived realities of Muslim women. Speakers on the occasion were Indira Jaising, Senior Advocate, Supreme Court of India, Hasina Khan, Bebaak Collective, Shabina Mumtaz, Women's Rights Activist, Uttar Pradesh, Ayesha Kidwai, Professor, Jawaharlal Nehru University, Chaired by: Sadhna Arya, Saheli

## It's a Girl Programme in Mongolpuri

On 16 January The Public Affairs and Social Issues Department of the YWCA of Delhi organized a programme "It's a Girl" in the outreach centre of the Urban Development Project in Mongolpuri. Around 50 women and adolescent girls attended the event done in collaboration with Salt Initiative Charitable Trust. Ms Christina, Ms Bindu and Mr. Ram Surat from Salt initiatives came to the centre. PASI department HoD Ms. Rita S Aggarwal and Ms Cecily Francis, Committee member came for the programme. Were present in Mongolpuri for this. The women from the outreach shared their point of view on this topic and the session brought to a close at about 4:30 with the driving home point that human rights is women's rights and vice versa.

The PASI HoD attended a programme at Christian Institute for the Study of Religion and Society (CISRS) on 24 January on the current issue of Indian Constitution, on the occasion of celebrating Republic Day.

### **PASI Member appointed onto the Juvenile Justice Board**

It is a matter of pride to report that PASI committee member Ms. Ritu Mehra has been appointed onto the Juvenile Justice Board. The PASI committee also extended help in the appointment process for the counsellor for YWCA of Delhi

### **Workshop on Sexual Harassment:**

PASI department had received a request from PWWH to do a programme for the residents on Sexual harassment at workplace . It was organized at the Priyadarshini Working Women's Hostel at Vishwas Nagar on Saturday, 17 February 2018. The resource person being PASI committee member Ms. Ritu Mehra. 18 residents were present. Ms Ritu Mehra explained Prevention of sexual harassment (POSH) and why awareness on this issue is important for young women. What should a woman do when faced with sexual harassment and other relevant legal aspects. There was sharing time at the end and the girls made queries, the resource person suggested various solutions to the problems.

### **One Billion Rising:**

PASI department in coordination with UDP took part in One Billion Rising (OBR) event at the Amphitheatre, in Central Park in Cannaught Place on 11 February 2018 at 1 p.m. The day was celebrated with music, dance, theatre and conversation, challenging violence against women and girls and celebrating love. PASI YWCA of Delhi was one of the many participants at the event.



The YWCA logo featured on the backdrop on the stage with the many other participating NGOs logos. The UDP performed a vibrant dance, the encouraging lyrics on the empowerment of women and the choreography was captivating. The UDP participants also enjoyed the performance of other NGOs. In addition to the stage performance the UDP enthusiastically performed at other locations in the park.

Urban Development Project performing women empowerment dance on the stage of OBR at the Amphitheatre in Central Park on 11 February 2018.

### **International Womens's Day**

The PASI department participated in the International Women's Day Rally on March 8 2018, with activists from NGOs and organisations working on gender issues. A march was organized in the heart of the national capital from Mandi House till Parliament Street to mark International Women's and was led by All India Democratic Women's Association (AIDWA). The participants shouted slogans such as "Narimuktizindabad" and "Narietazindabad" as they pledged to continue working on women's issues. YWCA of Delhi PASI HoD, UDP HoD and Twenty participants from UDP department joined PASI. All organization heads gave a lecture on the stage addressing the crowds at the rally, PASI HoD gave a lecture on behalf of YWCA of Delhi.

### **Inauguration of YWCA of Delhi and Centre for Women Development Studies (CWDS) partnership on Wednesday 19 March 2018.**

The General Secretary requested the PASI department HoD, Rita S Aggarwal to represent the YWCA of Delhi and speak at the opening ceremony of Centre For Women Development Studies. The HoD spoke on the developmental works done by the YWCA of Delhi for the welfare of women and looking forward for jointly working on women related issues in the future.

Dr. Indu, director of CWDS appreciated the YWCA of Delhi for providing space for the expanding library Chairperson, Ms Kumud Verma praised the YWCA for being forthcoming and making the new home for the CWDS library.

PASI HoD Participated in a seminar at Christian Institute for the Study of Religion and Society on Wednesday 21 March 2018 on the topic "Secularism: Issues And Challenges" led by Dr. Annie D. Raja, it was moderated by Rita S Aggarwal from YWCA of Delhi. The audience comprised of clergies, priests from different denominations and staff from various organizations such as World Vision and YMCA, Baptist, NCCI, Lutheran Church. Truth Secrets. The Bible Study on "CROSS AND RESURRECTION" was lead by Rev Jacob James, who is Presbtyr of Church at Turkman Gate in Delhi. The second part o the seminar was done by Dr. Anne Raja who said that the great leaders of our nations were far sighted and kept the secular nature of the government. Dr. Anne said that it reflected the pro Hindu nature in Pakistan and pro muslim nature in India, an attempt to live in peace is whaat was sought and this is what we seek. There are two non-negotiable things in this country namely Democracy and Secularism. All citizens should come together to oppose and stand together to make efforts to retain the secular nature of the constitution. The democratic and secular nature of the Indian constitution is at stake.

### **Meeting of the Delhi Minority Commission for the Christian Advisory committee at Delhi Sachivalya on 28 March 2018**

The PASI department attended the Meeting of the Delhi Minority Commission. The purpose of the meeting was to get the opinion of Christians in Delhi to support Christian students with online filling of scholarships for reimbursement of fees. Appeal was made to the schools and churches to get volunteers to fill in the online forms. The schools suggested that the process be made simplified.

### **Manifesto preparatory meeting at Centre for Social Studies**

PASI attended a meeting of the National Alliance for WRB at Office of Centre for Social Research on 4 April with many other NGOs to participate in the discussions on finalization of Gender Manifesto. The draft was prepared jointly which will be shared shortly by the JWP. HoD PASI gave a video recording of 2 minutes for social media twitter with the other participants to highlight why women want equal representation in parliament.

The HoD on the request of Chairperson MAP and co-chairperson did the Masters of Ceremony for the Solo singing competition of Memebrrship and programmes department on 6 April 2018 in the Constantia Hall. There were twenty-three participants, the programme was interesting and continued till late evening.

**Ms Blessina Kumar**  
**Chairperson**  
**Public Affairs and Social Issues**

**Rita S. Aggarwal**  
**HOD-PASI**

## Religious Education Committee (REC)

### **World Day of Prayer Service (2<sup>nd</sup> March, 2018)**

World Day of Prayer Service takes place every year on 1<sup>st</sup> Friday of March. Every year a country is chosen and local World Day of Prayer Committee of that particular country prepares the resource material. The resource material provides us the opportunity to know about other countries, culture, traditions, social, political, religious issues, spirituality etc. This year the host Country was "The Republic of Suriname", a sovereign state on the northeastern Atlantic Coast of South America. The theme of the World Day of Prayer Service was "All God's Creation is Very Good!"

DWFCS (Diocesan Women Fellowship for Christian Service) in partnership with YWCA of Delhi, National YWCA and YMCA organized World Day of Prayer Service at Free Church, Parliament Street on 2<sup>nd</sup> March, 2018 at 4.30 p.m. YWCA of Delhi provided refreshment for the gathering of 100 people at Free Church.

### **Lenten Retreat Service (3<sup>rd</sup> March, 2018)**

The REC Committee organized Lenten Retreat Service on March 3, 2018, at Constantia Hall of YWCA of Delhi at 11 a.m. It was beautifully decorated with white flowers and a banner was displayed. There was a gathering of 40 people.

Welcome note was given by Ms. Renuka Das, HOD. After the welcome note, hymn "Give Me Oil in My Lamp" was sung by all. Call to worship was given by Ms. Nirmala Prabhakaran. After this, Bhajan "Param Pita ki hum stuti gayen was sung by all. Ms. Dimple Francis introduced our esteemed Speaker, Adv. Mrs. Shiney Alexy and our Chairperson, Ms. Irene Simon felicitated her with a potted plant. Hymn singing of "As the Deer Pants" was done by all. Ms. Nirmala Prabhakaran did bible reading (Mathew 24:12-14).

Our esteemed speaker -Adv. Mrs. Shiney Alexy gave message on "Love". She said, "Those who love God, everything works well with them. God is love and he loves us unconditionally. The root of evil is wealth. Momentary pleasure is not happiness. We should love God with all our heart, with all our mind and with all our soul. We should love our neighbour as ourselves. Love is not an emotion it is a decision. Lent is a time to pause and see the tenderness of God. Love is patient, love is kind, love is not envious or boastful, arrogant or rude." She showed some video/clippings on Love of God. She mesmerized everyone with her message on "Love".

After the message, we all sang hymn "O Lord My God". Closing prayer was done by Ms. Nirmala Prabhakaran. The service ended with Lord's Prayer.

Ms. Abha Ekka, General Secretary gave vote of thanks. All were invited to lunch after the prayer service.



**Irene Rita Simon  
(Chairperson-REC)**

**Renuka Das  
(HOD-REC)**

# RURAL DEVELOPMENT PROJECT (RDP)

## JUSTICE BEYOND BORDERS

### **1. Counselling session**

On 3<sup>rd</sup> Jan 2018, a general counseling session was conducted by Ms. Sunanda John, ex-RDP Staff, she served voluntarily.

On 4<sup>th</sup> Jan. 2018, she met 9 students whose issues were – Marital and joint family relationship, Power and Control in marital relationship, Economic independence for women, Alcoholism among men, Family Violence, Lack of respect for women, Marriage at an early age, Girls not given options to be able to explore their skills, Women's status and property rights after husband's death, Anxiety issues among young women in relation to their future life career, Feeling of guilt.

## VISIONING WITH THE YOUNG

### **2. LSE Get Together**

LSE (Life Skill Education) Get Together was organized at FSC (Family Services Center) on 15th Jan 2018 for 38 participants from 6 LSE Groups at Dharampura, FSC and Rag Pickers. The objective was to review the 12 sessions of the Module, creating interaction with each other, sharing and learning together for their development.



### **3. Republic Day**

Republic Day was celebrated at FSC on 25<sup>th</sup> Jan. Children showed their patriotism through speech, cultural programmes on the day, patriotic songs, skits etc. Children enjoyed the day.

### **4. One Billion Rising**

To showcase the solidarity for One Billion Rising (OBR) programme, the RDP organised an event at Central Park from 11<sup>th</sup> Feb. 2018 and on 14<sup>th</sup> Feb. 2018. Ms. Mintra, Ms. Sudesh, Ms. Neelam and Ms. Kanta (RDP staff) conducted the events. Children performed the OBR Dance and a talk on the day was also given to them.

### **5. Civic Education Workshop on “Right to Education”**

Ms. Mintra Tyagi, Community Organizer conducted the session at FSC on 24th Feb 2018. She explained the inception of the Right To Education and norms laid in the RTE Act 2009. The session was attended by 57 students and staff.



## 6. International Women's Day

- ❖ By the efforts of Y members (Fund Raising and Publicity – FRAP) networking, on the occasion of International Women's Day, Artemis Hospital, Gurugram, provided an opportunity to the NGOs to exhibit and sell their products on 7th March 2018. From RDP, Ms. Sudesh and Ms. Anita Gera exhibited reed items, readymade and knitted garments, spices, pickle etc. We thank the Members and Dept. for giving us an opportunity to put up a stall. RDP earned. Rs. 2755/- on the day through the sale.
- ❖ On the account of Women's Day a Drawing/Painting Competition for vocational students and remedial class children at RDP.



- ❖ 9 vocational girls and 2 staff namely, Ms. Mintra and Ms. Kanta participated in the Women's Day Programme on 8<sup>th</sup> March 2018. Different speakers enlightened the participants with their encouraging speech, views and thoughts.

## 7. TOT and Capacity Building

A 3-day TOT and Capacity Building training on gender issues was organized for 7 staff of RDP at Head office from 14<sup>th</sup> to 16<sup>th</sup> March 2018. .

- ❖ **Transfer of Ms. Vidya and Ms. Neera Arora** -Ms. Vidya Archana Tirkey, has been transferred to RDP as Project Coordinator and Ms. Neera Arora, HOD has been transferred to RKAK (Raj Kumari Amrit Kure) as HOD w.e.f. 5<sup>th</sup> March'2018.

**Ms. Vidya Archana Tirkey**  
PC, RDP (CDC)

**Ms. Vanaja Gabriel**  
Chairperson, RDP (CDC)

## Rajkumari Amrit Kaur Project (RKAK)

### Short stay shelter Home:

Total 24 Adults and 1 child (new cases) were registered since January to March, 18. The nature of crisis faced by the victims were domestic violence homeless, jilted affairs, missing person, cheated by husband Property cases referred from other NGOs, problems facing with parents and run away. The native place of residents was Delhi, Mumbai, Maharashtra, Jharkhand Chennai, Andhra Pradesh, Haryana and Bihar. The cases were referred by Parliament Street Police Station DCW, Azad Foundation, All the cases were successfully handled by reconciliation and rehabilitation. The outcome of Rehabilitation, restoration, repatriation and some of them left by themselves for job and settlement sake. One of the resident was shifted to IBHAS for treatment purpose as her behavior was not normal.

### Counselors Visits:

In January 2018, Miss Namrata Sharma was appointed as the new counselor of YWCA of Delhi to provide counseling services in RKAK Shelter home, WTI and Matritva Chhaya (Jahangirpuri and Sarai Rohilla). The Counselor visited the shelter home on a daily basis from 9 am to 11 am and from 3 pm to 4 pm. 20<sup>th</sup> March onwards visits were scheduled for 4 days per week. Regular counseling follow-ups with the residents were taken. The residents were personally met to enquire about their problems and issues, if any. Intake sessions for new residents were taken and reports were filed in their respective case files after their exit. Crisis intervention in case of crisis and emergency situations was applied. Residents who were undergoing trauma, anxiety, depression and other psychological stressors were provided with counseling. Group sessions such as drawing, envelope making, health and hygiene education were also conducted in hope of a more positive psychological environment.

### Day care centre:

In Day Care Centre 12 children were enrolled and 6 were Guest children. Out of 4 Guest Children 2 from WTI faculty and 2 were motivated by HOD Neera Arora for Full day from the next month.



### **Neighbourhood School:**

The main objective of this project is to induct deprived underprivileged children in main stream society for better chance to lead better future. All the 50 children (23 girls +27 boys) enrolled to this project passed. During the period from January 18 to March 18 all the children were under the grip of examination fever. 9 students of class 10<sup>th</sup> (regular 6+ NOS 3) were the candidates for final examination.

Academic Achievement- Naresh stood first position in class 8<sup>th</sup>. Naina got success securing first position in Nursery class.

Sports-Zonal Schools Competition- Tilak and Pankaj (students –class 8<sup>th</sup>) won first prize in Kho-Kho and Lakshmi (student –class 6<sup>th</sup>) got 2<sup>nd</sup> position Race in race.

Mamta (student of class 11<sup>th</sup>) bagged 1<sup>st</sup> prize for solo singing in Zonal Schools Competition 2018.

Participation- 3 students participated in Youth Festival organized by Vishwa Yuvak Kendra on the birthday of Vivaknanda on 11-12 January 2018. Aarti (student 10<sup>th</sup>)-Drawing, Deepak (student 9<sup>th</sup>)-Public speaking and Sarita (student-10<sup>th</sup>) –Patriotic song

| CLASS                    | BOYS | GIRLS | TOTAL | RESULT         | SPECIAL REMARKS   |
|--------------------------|------|-------|-------|----------------|---|
| 11 <sup>th</sup>         | -    | 1     | 1     | Passed         | Mamta Participated in dance ,International youth Day Festival Skit-2 <sup>nd</sup> prize  |
| 10 <sup>th</sup> regular | 6    | --    | 6     | Result awaited | Abhishek, Ritik-1 <sup>st</sup> prize Winners-Drawing competition, Participated in plays, bagged 2 <sup>nd</sup> prize -skit "Peace Maker"-International Youth Day festival   |
| 10 <sup>th</sup> NOS     | -    | 3     | 3     | Result awaited | Participated-(YMCA )dance ,Play, Winner-skit – international youth day Festival   |
| 9 <sup>th</sup>          | 2    | -     | 2     | Passed         |   |
| 8 <sup>th</sup>          | 5    | 2     | 7     | Passed         | Naresh-Always stood 1 <sup>st</sup> position in his class<br>Vaishnavi – Participated-Skits, Winner-2 <sup>nd</sup> prize .<br>"Peace Maker"<br>I Youth Day Festival<br>Muskan ,participated in Play, winner-2 <sup>nd</sup> Prize, :<br>International Youth Day Festival |
| 7 <sup>th</sup>          | -    | 2     | 2     | Passed         | Pooja- Participated ,Group Dance  |
| 6 <sup>th</sup>          | 2    | 3     | 5     | Passed         | Raksha-2 <sup>nd</sup> Prize Winner Participated –in skit-<br>International Youth Day Festival -YWCA  |
| 5 <sup>th</sup>          | -    | 5     | 5     | Passed         |   |
| 4 <sup>th</sup>          | 1    | 2     | 3     | Passed         | Arjun-appeared in Scholarship Test-Result awaited   |
| 3 <sup>rd</sup>          | 4    | 2     | 6     | Passed         | Sandhya –participated in dance ,Nativity Play   |
| 2 <sup>nd</sup>          | 6    | 1     | 7     | Passed         |   |
| 1 <sup>st</sup>          | 1    | 1     | 2     | Passed         |   |
| Nursery                  | -    | 1     |       | Passed         | Naina 1 <sup>st</sup> position  |
| Total                    | 27   | 23    | 50    |                |   |

**Ms Apphia Daniel**  
Chairperson RKAK

**Neera Arora**  
HOD-RKAK

# URBAN DEVELOPMENT PROJECT (UDP)

## TRAINING /MEETING / WORKSHOP:

- On 16 Jan. 18 a movie on Female foeticide was shown at BVK Mongolpuri with the support of PASI in which 55 community women were present. After the movie question answer session was held with the participants in which they showed a keen interest.
- On 17 Jan 2018 H O D along with Mahila Panchayat Staff attended one day training program on Mahila Panchayat at Directorate of Training Union Territories Civil Services by the Govt. of NCT of Delhi. Participation certificates were given to all participants The topics covered were
  1. Domestic violence Act. 2005 & its legislative history, information on other important laws and issues & case studies relating to women including IPC & personal laws.
  2. Family as institution, its importance & role in the society.
  3. Family conflict & dispute resolution.
- On 23 Jan. 2018 Republic Day was celebrated at UDP Sunder Nagri. About 140 children along with their parents attended the program. Students of play school, Remedial classes, cutting & tailoring & Beauty culture presented various cultural programmes all having patriotism as the central theme.



Goyla Dairy after obtaining consent from the general secretary Ms. Abha Ekka

- On 30 & 31 Jan. 18 Beauty culture theory & practical exam held at BVK Mongolpuri in which 10 students participated.



- On 11 Feb 2018 100 participants, comprising of both women & girls from UDP along with PASI gathered in Central Park at Connaught Place. The venue buzzed with activity throughout the day as men and women, and children voiced their support for justice and equality through the medium of dance, music, theatre and other creative activities, which were organized by various civil society organizations and NGOs to get across the message “We all need to rise to the occasion until violence stops”.



- On 16 Feb 2018 HOD U D P along with Mahila Panchayat staff from Govindpuri & 21 Mahila Panchayat leaders went to Maulana Azad Auditorium at Maulana Azad Medical College Delhi Gate to participate in the **Rape Roko campaign** organized by D C W. The objective of the campaign was to put pressure on the government to form fast track courts for the speedy trial of Rape cases & to impart justice to Rape victims within 6 months.



- On 22 Feb.2018 Ms Sushma participated in C N I program at YMCA in which a number of aspects were discussed. including highlights of a study by an international charity for orphaned and abandoned children. The study found that India is home to 20 million orphans, a figure projected to increase by 2021.
- Mahila Panchayat have been a part of Rape Roko signature campaign in Delhi. We collected 3500 signatures from the community women of Govindpuri, which was submitted to DCW. The DCW took this to the office of Hon'ble Prime Minister along with charter of demands in order to reduce atrocities against women & to form fast track courts for speedy trial in Rape cases.



( picture below -Women strike, protest as the world marks International Women's Day March 8, 2018)



Indian women shout slogans during a march to observe International Women's Day in New Delhi, India, Thursday, March 8, 2018. (AP Photo/Manish Swarup)

- Staff from UDP centres attended 3 days of gender training workshop at YWCA of Delhi (14/03/2018 to 16/03/2018). This was organised at Ashoka road office under the leadership of the G S.



**Mahila panchayat Report from 1st.Jan 2018 to 31<sup>st</sup>.Mar 2018.**

| Period                  | Total registered cases of the period | Total solved cases | Total referred cases | Closed | Under Progress |
|-------------------------|--------------------------------------|--------------------|----------------------|--------|----------------|
| 1 Jan to 31 March, 2018 | 27                                   | 14                 | 2                    | 4      | 7              |

Total community visits of the period - 84

Total beneficiaries of Community meetings 362

No of community people we interacted with during the period -- 5367

Total no of rape roko form filled 3410

Total no of Community volunteers 60

Vanaja Gabriel  
Chairperson-UDP

Nafees Ahmad  
HOD-UDP

## The Centenary Hostel for Working Women (CHWW)

The Centenary Hostel for Working Women of the YWCA of Delhi was renovated and inaugurated on 30<sup>th</sup> October 1994. The Completion Certificate was received on 1<sup>st</sup> February 1995 and started functioning from 6<sup>th</sup> February 1995. With 67 rooms on 3 floors, there are 18 single, 31 two seater, 6 three seater, 1 four seater and 11 six seater rooms and fees are marked accordingly with stay not beyond 33 months. It can accommodate 168 women. 3 Guests rooms are available on twin sharing basis. Out of these 3 rooms, one room has AC and attached bathroom.

On 17<sup>th</sup> January 2018 and 14<sup>th</sup> March 2018 we had the Hostel Committee Meetings under the leadership of Ms. Mavis Russell, Chairperson.

On 2<sup>nd</sup> of March 2018, **Holi**, the festival of colors was celebrated by some of our Residents who were unable to go home due to certain reasons and stayed back in the hostel. Though they were few in numbers, they celebrated with great enthusiasm by applying colors on each other, amidst music and dance. They were provided a special dinner.



Mavis Russell  
Chairperson-CHWW

Niangaihlun Samte  
Co-ordinator-CHWW

# PRIYADARSHINI WORKING WOMEN'S HOSTEL (PWWH)

In the month from January to March, 2018 three programs were organized by PWWH. 'Lohri' celebration, '*Prevention of Sexual Harassment at Workplace (POSH)*' and the other was meeting with ACP and SHO (Farsh Bazaar, Shahdara) regarding '*the protection measurement on the Holi occasion*'.

The Residents and Staff of PWWH celebrated Lohri on Saturday, January 13, 2018 in the hostel campus with great enthusiasm and zeal. Lohri is a Punjabi festival, celebrated primarily by people belonging to the Punjabi community. Lohri marks the end of the winter season. Therefore, it is a seasonal festival. It is also considered a harvest festival and it is an important day for the farmers. It provides an opportunity to interact with friends and families. People also fly kites on this day. Kite flying event is enjoyed by all ages. Men and Women wear traditional clothes and dance around the bonfire. They also sing songs and mantras to please God. .



The celebration began at 8:30pm with a special gathering of 28 residents. This festival was celebrated in the hostel to mark both celebration and sharing. On this occasion, special arrangements were made like popcorn, peanuts and sweets were offered to all the residents. After that residents came together and did Bhangra around a bon fire. Residents spend a beautiful time together. The program ended around 10:30pm. It was a memorable evening for everyone.

POSH workshop was conducted by Ms. Ritu Mehra on 17<sup>th</sup> February. The workshop carried vital points on how to prevent sexual harassment at workplace, the law for prevention along with the key features. The workshop provided knowledge on complaint mechanism along with criminal proceedings. The highlights of the workshop included the acts of sexual harassment, its preventive measures, employee's initiative, constitution of committee through which complaint can be launched, mandates of an organization with do's and don'ts.





The working women benefitted from this programme and clarified their doubts. The girls felt very homely and free to approach Ms. Ritu Mehra.

The other programme was Meeting with ACP Mr. Bharat Reddy and SHO Mr. Sunil Kumar Sharma regarding the protection measurement on the Holi occasion (along with 3 constables). They greeted the residents with color and with a bouquet. The agenda of the meeting included safety and protection measurement to be taken on holi occasion, discussion about the measures to be taken in case there is a chain snatching, mobile or purse snatching and steps to be taken on the behavior of auto drivers, especially regarding the denial of services. Residents requested for the installation of CCTV cameras on the roads that follow to PWWH hostel. But Mr. Reddy (ACP) suggested that installation of CCTV cameras should be a joint venture between police and civilians (Public Private Partnership).



The meeting was of a short duration of 20 minutes. But it added more colour to the Holi occasion. It was much enriching. The girls were few but they asked many questions concerning their safety.

In a whole, residents enjoyed in these programmes and they benefitted from each programme. It was a memorable event for the residents and the staff of the PWWH.

Lilly K.M.  
Co-ordinator-PWWH

Mavis Russell  
Chairperson-PWWH

# Women's Training Institute (WTI)

A team of four teachers were requested to teach the resident women of the Shelter home how to make paper bags, simple hemming, colouring and Yoga, which they did for a couple of weeks.

Campus interviews were conducted by Visa Facilitation Services Global (VFS Global) for WTI students (Air Travel Fares; Cabin Crew; & Computer Applications) on 13<sup>th</sup> February 2018 and a number of students were selected.

The Beauty Culture Department organized a make-over competition on 16<sup>th</sup> February 2018 for WTI students. The students of Beauty Culture had to make-up on other girls. Judges were from the industry who had been invited for the purpose. It was a well-organized event.

The last round of Self-defence training was organized for WTI students by the Delhi Traffic Police from 19<sup>th</sup> – 21<sup>st</sup> February 2018.

Staff of WTI participated in the Lenten Retreat Service organized by the Religious Education Committee on 3<sup>rd</sup> March 2018.

WTI celebrated its Annual Day on 8<sup>th</sup> March 2018. The Chief Guest was Ms Nafisa Rachel William, Fashion Designer. The programme was a huge success. The presence of the Education Committee, Board and members was very encouraging and highly appreciated.

One day Delhi Darshan trip was organized for the Travel and Tourism and Post Graduate Diploma Students of WTI students on 15<sup>th</sup> March 2018 wherein they visited selected and notable monuments in Delhi.

**Rekha Kapila**  
Chairperson – WTI

**Anita Keskar**  
Dy. Director – WTI

# Youth Department

## **Programme At College On Breaking Myths On Sexual Harrassment**

Jesus and Mary College has responded favourably for a programme on busting myths on sexual harassment. The College has given a positive response through our youth member Ms Zoe. The department of B.El.Ed ( Bachelor of Elementary Education) students will be the target audience. Circle Time Programme at Jesus and Mary College has been planned with the rationale behind this is that there has always existed a need for creating awareness amongst girls and educating them on Sexual harassment and the YWCA of Delhi has been working for the girl child and women welfare for the past hundred years. On perusing the data released by the National Crime Records Bureau (NCRB) the Indian capital is the most unsafe among 19 major cities in the country. New Delhi also has the dubious distinction of topping the National Crime Records.

The YWCA movement dons the responsibility to equip the young generation with information and empower them so that this social evil may be eliminated. Women have a right to live with dignity and work in safe and secure environment. This programme also will contribute to make a big contribution towards realization of gender equality. The objective of the programme is to enable girls to have ample awareness so as to prevent violence and also access available redressal measures wherever needed. The DU and FEDCUTA (Federation of Central Universities Teachers Association) strike delayed the programme from happening as the students were not available in class rooms. The concerned staff postponed the event to July/August.

## **Baking Stereotypes Gender Equality Sensitization**

A programme was planned for the boys of St. Columbas school with the larger objective to contribute towards gender equality. At the time of writing this report we are waiting to get the names of the interested boys who would participate in this programme. The date permitted by the school in 19 May 2018 under the title developing Strategic Skills. The programme includes a motivational talk for adolescent boys followed by a demo on cooking without fire.

Nitika Joseph  
Chairperson-Youth Department

Rita S Aggarwal  
Head of Department-Youth

## JASOLA WORKING WOMEN'S HOSTEL (JWWH)

The Ministry of Women and Child Development jointly with the Ministry of Development of North Eastern Region (DONER) has set up the Hostel, at Jasola, New Delhi for working women of North Eastern States and general category in order to provide safe, comfortable and affordable accommodation.

**Accommodation:** Jasola boasts of 167 three – bedded sharing accommodation with attached bath and 24 hours hot and cold water. Each room is complete with Beds, Table, Almirahs and Writing chairs for the residents. With five floors on a magnificent landscape it can accommodate 501 residents. Within five years of its existence it can boast of occupancy of 406 residents who make the place a lively hub of activities all through the year.

Jasola is a pioneer establishment that can boast of holding various events related to the festivals and moods of the season, which go to make the hostel life very colourful and interesting for the residents. Some of the events held since January till March 2018 are as below:

JWWH welcomed the New Year with the celebration of BIHU. Bihu is the name for the National Festival of Assam it is one of the most beautiful states of India which is reckoned for tea gardens, mighty Brahmaputra River and Lush green forests. Also the state of Assam is reckoned for the Bihu festival that depicts a set of three different cultural festivals of the state. Our Hostel Celebrated Bihu on the same day with Lohri on the 14/1/18. The Assamese girls prepared their traditional food. This was followed by Bon Fire in the Center Lawn.

Given below is a pictorial report of the event that left us with pleasant memories.



**Lohri** is a popular winter time Punjabi folk festival, celebrated primarily by Sikhs and Hindus from the Punjab region of Indian subcontinent. Many people believe the festival commemorates the passing of the winter solstice. Lohri was celebrated in our Hostel on the 14/1/18, the residents prepared Punjabi Food.



**Valentine's Day** is celebrated in memory of martyrdom of Saint Valentine. It is celebrated on 14<sup>th</sup> of February, every year. Valentine's Day offers lovers many ways to express their emotions. February the month of Love saw the celebration of Valentine day at JWWH on the 14/2/2017. A photo Booth was prepared for the residents to take photos as well as write down a letter to their Love ones. At Night they held a Paper Game followed by Dj.



**Holi** is the most famous festival of colors. It is also known as the festival of love, joy, happiness, unity, renewal and triumph. We celebrated holi on the 2<sup>nd</sup> March with vibrant colors indicating joy, love and happiness, dances and Good food.



JWWH has always believed in encouraging residents from different states to come forward and share their culture. This is done to encourage a harmonious co existence and mutual respect for each other. Many such events will be held at JWWH throughout the year, making hostel life a little more enjoyable.

Mavis Russell  
Chairperson- JWWH

Rita Das Gupta  
HOD – JWWH

# ROHINI WORKING WOMEN'S HOSTEL (RWWH)

Rohini Working Women's Hostel was inaugurated on 17<sup>th</sup> September, 2013 at Sector 22, Rohini with motive of providing "Home Away From Home" and secure environment for women from various part of India. The hostel is sanctioned for 110 residents. The current occupancy in the hostel is sixty- four. RWWH is a three story building; all rooms are well ventilated and well furnished. The greenery in the hostel is well maintained. Good health of resident is the other preference of the Hostel hygienic food is provided to its residents. Daily inspection of hostel dining hall, kitchen areas and in and out of hostel are carried regularly.

## Infrastructure and Facilities:

RWWH has all modern facilities needed for the young working women. The hostel has lift, 24- hours availability of electricity and water. All three floors have water cooler. Rooms are well furnished. Other facilities include mess with healthy food, clean drinking water, indoor and outdoor games, T.V and Wi-Fi.

## Safety environment:

RWWH is safe guarded 24X7, two Security personal guards at the hostel at night. The surrounding areas are peaceful which provide a restful and calm environment for residents. The hostel staff are responsible and approachable for any kind of assistance.

## Events and Celebration:

### 1. Christmas cum New Year celebration:

Rohini Working Women hostel celebrated Christmas cum New Year on 17<sup>th</sup> January 2018 as most of the residents went on winter vacations during Christmas and New Year eve. Residents, hostel staff and members of Hostel Committee: Board members gathered to celebrate the grand event on the day Ms. Sushma Ramaswami, Ms. Rita Irene Simon: the members from Board were present in the celebration. Hostel Committee members, Ms. Mavis Russell, Chairperson along with Committee members were also present on the day. Besides, members HODs of other hostels of YWCA of Delhi were present in the event.

Like any other event, the celebration was one of the remarkable programmes. '**Going beyond boundary**' is one of the mottos of YWCA of Delhi. So visually challenged people from Jain Nagar Sector- 22, Rohini were called as special guests for the day. They executed their talents through musical instruments and songs. Residents of RWWH also sang songs, recited poems for the guests. An ARO (Aqua guard) was gifted as token of love to Netraheen Sewa Sangh, visually challenged NGO with the fund raised by hostels and Hostel Committee members.



Guests & residents

Chairperson presenting Gift

Day care child reciting poem

## 1. Holi:

RWWH celebrated the festival of colour (Holi) on 2<sup>nd</sup> March 2018. Residents gathered in the hostel lawn to play with colours. They played with different colours till they got exhausted. Residents not only played with colours but also played music and danced in Holi songs. Below attached pictures of the day are enough to show case the celebration:



Ms. Mavis Russell  
(Chairperson-RWWH)

Ms. Menuka Lama  
(Coordinator-RWWH)

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